

Teaching Program – Clinic -III BHMS (CBDC)
Winter 2026 (June 2026 to April 27)

Sr. No.	Topic
1.	Homoeopathic OPD posting : • Homoeopathic case taking • Case analysis and evaluation • Repertorization • Potency and Dose • Different remedies • Prescription • General and Auxiliary management
2.	Bedside IPD clinics : (On Patients) • Gynaecological case taking • Gynaecological Examination • Obstetrical case taking • Obstetrical Examination OSCE & OSPE : • Obstetrical Examination – Grips • Gynaecological Examination – P/V • History taking – Menstrual History, Contraceptive History, Obstetrical History • Diagnosis of a case • Instruments and Specimens
3.	Demonstration : (On Manikin) • Obstetrical Examination – Grips • Normal Labour • Instruments • Specimens • Models • Procedures • Case discussions • Lab investigation reports reading and discussion – Blood reports, X-Ray, USG reports, Mammography reports. • Diagnosis and D/D

Teaching Program – Theory -III BHMS (CBDC)

Winter 2026 (June 2026 to April 2027)

Month	Obstetrics	Gynaecology
JUN 2026	• Introduction to Abnormal pregnancy and labour with its scope and limitation in Homoeopathy Review of literature, Therapeutics and Repertory source books. • High Risk labour – Dystocia, Mal-positions and mal-presentations, prolapse of cord and limbs, Abnormal uterine actions, CPD	• Introduction to abnormal disease conditions in Gynaecology with Homoeopathic management related to causation. • Clinico-pathological and miasmatic correlations with pathological end result. • Review of Homoeopathic literature. • Therapeutics and Repertory source books.
JULY 2026	• High Risk labour – Obstructed labour, preterm labour, post maturity, Complications of third stage of labour, Injuries to birth canal, Scope and limitation in Homoeopathy. • Abnormal pregnancies – APH, PPH, Multiple pregnancy, Hypertensive disorders and its management, Homoeopathic perspective including scope, limitations and timely referral.	• Infections and Ulcerations of the female genital organs, their Causation and modifying factors – exciting maintain causes from micro-organisms to environmental to climacteric to occupational etc. • Psychosomatic aspect, Pathogenesis, Pathology, Clinico-pathological and miasmatic correlation with pathological end result including Homoeopathic management.
AUG 2026	• Common disorders and systemic diseases associated with pregnancy. • A holistic understanding of disease evolution and approach to diagnosis, prognosis, Homoeopathic management, scope and limitations.	• Injuries of the genital tract, Homoeopathic management – scope and limitations.
SEP 2026	• PC-PNDT Act 1994 • Knowledge about the indication of common obstetrical operations, MTP, criminal abortion, LSCS, Induction of labour, Episiotomy and its complications. • Emergency obstetric care	• Disorders of female genital tract – Abnormal vaginal discharge, Pelvic pain, Low backache, Vaginismus, Dyspareunia, Abdomino-pelvic lump, with homoeopathic management.
OCT 2026	• Infant care – Neonatal hygiene, Common disorders of new-born, Breast feeding, Artificial feeding, Management of premature child, Asphyxia & Ophthalmia Neonatorum, Birth injuries, Neonatal infections, Congenital	• Urinary problems in Gynaec – Incontinence, retention, urinary tract infection, dysuria and urethral carbuncle with Homoeopathic management. • Diseases of breasts with Homoeopathic management.

	malformations of new born, IUGR, foetal anomalies including scope and limitations in Homoeopathy.	
NOV 2026	• Knowledge about Reproductive and child health care. • Safe motherhood and child survival – Risk approach – MCH care • Maternal mortality and Morbidity • Perinatal mortality and morbidity • Diseases of foetus and new-born. • Medico legal aspects in Obstetrics • General management and Homoeopathic management	• Sexually transmitted diseases including Homoeopathic management. • Endometriosis and Adenomyosis
DEC 2026	• Repertorization • Therapeutics, Posology • Formulation of prognostic criteria and	• Endometriosis and Adenomyosis – Scope and limitation of management in Homoeopathy. • Infertility – Etiological factors related with male and female infertility, their diagnosis. • ART – Scope and limitation of Homoeopathic management along with population dynamics and control of Conception.
JAN 2027	• Repertorization, Therapeutics, posology, formulation of prognostic criteria and Prognosis of related topics in Obstetrics and New-born care.	• Genital non-malignant growth • Genital malignancy with scope of Homoeopathic treatment and its limitations. • Identification of indications of surgical procedures in Gynaecology.
FEB 2027	• Revision	• Radiotherapy, Chemotherapy, Immunotherapy, Gene therapy, Tumour markers • General Homoeopathic management of Gynaec disorders • Repertorization, Therapeutics, Posology. • Formulation of prognostic criteria and prognosis of related topics in Gynaecology care.

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MONTH	Gynaecology	Obstetrics
June 2026	- Detailed Introduction to Gynaecology - Anatomy Of Female Genital System - Applied Anatomy of Each Organ - Congenital anomalies of Female reproductive system - Pelvic Floor Muscles Urethra	- Introduction To Obstetrics and Newborn Care Related with Homeopathic Philosophy, Therapeutic and Repertorisation - Fundamentals Of Reproduction
July 2026	- Applied Physiology of FGT, HPO axis - Menstruation- Hormonal changes, uterine changes in each phase - Physiological changes in pregnancy - ANC – Definition, Aims and Objectives, procedures, investigations done at every visit - PCPNDT act, invasive procedures, noninvasive procedures, pre-conceptual counselling	- Decidua, Amnion and Chorion, Chorionic villi, inner cell mass - Development Of Intrauterine Pregnancy, Foetus, Placenta - Introduction of Gynaecology with Definition of Hahnemannian Classification of Diseases - The foetus in utero - Foetal skull
Aug 2026	- ANC visits and diet - Puberty – Normal, Tanner's Classification - Abnormal Puberty - Precocious, Delayed - Various Terminologies in Abnormal Puberty - Disorder Of Menstruation - Puberty Menorrhagia, Amenorrhoea (Primary and Secondary)	- Maternal pelvis - Diagnosis Of Pregnancy, Investigations, Examination, Applied Anatomy, Physiology, Physiological Changes in Normal Pregnancy

Sept 2026	• Cryptomenorrhoea Investigations and Management • Hypomenorrhoea, Oligomenorrhoea, Polymenorrhoea, Menorrhagia, Metrorrhagia • Abnormal Uterine Bleeding Causes and Management • Metropathia Haemorrhagica • Dysmenorrhoea (Primary and Secondary) C/F and Management • Mittelschmerz Syndrome • Premenstrual Syndrome, Causes, C/F, Managements	• Method of Obstetrical examination • Antenatal care Of Aims, Objectives, Visits, Advice, Procedures, Investigations, High Risk Cases Identifications • Scopes and Limitations Of Homoeopathic management during ANC • Homoeopathic Remedies for Delayed Puberty • Indicated Remedies for Menstrual Disorder • Puberty Menorrhagia • Amenorrhoea
Oct 2026	• Postmenopausal Bleeding and Investigations • Menopause And Climacteric • Types Of Menopause C/F Changes in Organ • Menopausal Syndrome • Investigations And Management • HRT	• Common ailments during ANC -Common Conditions like Vomiting, Backache, Constipation in Pregnancy and Homeopathic Management • Homoeopathic therapeutics of Menopause and postmenopausal bleeding
Nov 2026	• Gynaecological case taking clinical skills, Investigations, Pathology, Diagnosis	• Normal Labour – Definition, Causes of Onset, Anatomy, Physiology • Normal Labour Stages, Causes of onset of labour, true labour pains and false labour pains. Events in First Stage of labour. • Homoeopathic management of Gynaec case, predisposition, personality type, miasm
Dec 2026	• Genital Prolapse (POP) • Retroversion Of Uterus • Uterine Inversion • Sex And Intersexuality • Klinefelter's Syndrome • Turner's Syndrome • Hermaphrodites, Types • Male and Female Intersex • Barr Body	• Events in 2nd, 3rd and 4th stage of labour • Episiotomy Def, Clinical features and complications • Mechanism of labour • Indicated Remedies for AUB with Characteristics Features

Jan 2027	• Care of New born – demonstration of vital signs, reflexes, physical examination findings • Breast feeding advantages, contraindications, artificial feeding • APGAR score	• Management of Normal labour • Scope and limitations of homoeopathy in different conditions and hom remedies • Postnatal and Puerperal Care Scope and Limitations of Management in Homoeopathy • Lochia • Homoeopathic Remedies in Primary and Secondary Dysmenorrhoea, Membranous Dysmenorrhoea with Characteristics • Scope and Limitation of homoeopathy in case of new born infant
Feb 2027	• Important investigations in Gynaec and Obstetrics • USG • Blood investigations	• Lactation physiology and homoeopathic management of lactation • PNC objectives, examination and advice given to mother • Correlation of Hom. Remedies Therapeutics, Posology, Formulation of Prognostic Criteria and Prognosis Related to Obstetric Conditions • Indicated Remedies in Premenstrual Syndrome • List Of Hom. Remedies For Menopause with Characteristic Features of Remedies
Mar 2027	• Revision Of Syllabus • Tutorials • Integrated Teaching Learning With Other Subject	• Important Investigations for Diagnosis in Obstetrics • Revision • Seminars • Group discussions

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MONTH	Name of Topic
June 2026	• Format of History taking in Gynaec conditions. • Importance of communication skills while case taking.
July 2026	• Importance of Clinical skills while case taking • Format of History taking in Obstetrics – ANC and PNC cases. • Define newborn infant • Define still birth
August 2026	• Gynaecological examination • Demonstration of general physical examination • Describe per abdominal examination
September 2026	• Describe vaginal examination P/V and P/S examination • Discuss case of genital (POP)prolapse / uterine prolapse • Discuss case of Dysmenorrhoea Amenorrhoea • Retroversion
October 2026	• Case of delayed puberty • Discussion of examination of normal healthy newborn • Foetus in utero - lie, position, presentation, presenting part, attitude, denominator • Demonstrate areas on foetal skull • Demonstrate sutures on foetal skull • Demonstrate fontanelles and diameters on foetal skull • Demonstration of female pelvis
November 2026	• Investigations for diagnosis in obstetrics USG, Uterine malformations, trimester wise diagnosis of pregnancy, diagnosis of hydatidiform mole • Homoeopathic case taking in female complaints in ANC and PNC cases and Gynaec cases as per organon of medicine
	• Demonstration of per abdomen examination palpation (Obstetric grips) in ANC cases. Homoeopathic remedies with characteristic features of same cases • Describe Hahnemann's concept of action of remedies in pregnant women and infants. (Footnote aphorism 284)

December 2026	• Discuss Homoeopathic part Of case of Dysmenorrhoea Amenorrhoea Retroversion • Discuss normal ANC visits during pregnancy • Antenatal diet
January 2027	• Scope of Homoeopathic remedies in ANC complaints. • Homoeopathic management and discuss case of Hyperemesis Gravidarum, Backache and constipation in pregnancy • Homoeopathic remedies commonly used in newborn care with characteristic features • Remedies for puerperium
February 2027	• Pregnancy tests • Blood tests for pregnancy RBS FBS PPBS TSH • USG – • Importance of AFI
March 2027	• Basic instruments of Obs and Gynaec • Rough case record submission